

THE MEDICINE OF PROPHET MUHAMMED PART 2

HIJAMA (CUPPING)

Though an ancient Chinese medical practice, it was popularised outside China and in the West after the advent of Islam.

Prophet Muhammed ﷺ regularly encouraged his companions to practice Hijama for several diseases and to keep healthy.

Prophet Muhammed ﷺ said, "If there is anything good in the medicines with which you treat yourselves, it is in the incision of the cupper..."

Cupping has real benefits in treating many ailments like circulatory diseases, blood pressure and infection of the heart muscle, diseases of the chest and trachea, headache and pain in the eyes, pain in the neck and stomach, rheumatic pain in the muscles, some diseases of the heart and chest and also for pain in the joints.

al Siraaj
DUBAI

ﷺ Peace be upon him